

DECEMBER 2023

RID 3030



# VISION



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MONTHLY NEWSMAGAZINE OF THE ROTARY CLUB OF NAGPUR VISION

MEDICAL  
CAMP

FOUR WAY  
TEST

VISION  
PREMIER  
LEAGUE

CAREER  
COUNSELLING

TAKE ROTARY  
HOME

VOCATIONAL  
VISIT





# Presidential message Oct 2023



Rtn. Gordon McNally  
RI President 2023-24

In December, I will attend the United Nations COP28 climate change summit in Dubai, United Arab Emirates. There, I will speak about the convergence of two global crises: climate and mental health. As the World Health Organization has noted, climate change worsens risk

factors — such as disruptions to homes and livelihoods — for mental health problems. The emotional distress of a disaster also makes it difficult for people to recover and rebuild.

Rotary partner ShelterBox is an international disaster relief charity that has helped more than 2.5 million displaced people in approximately 100 countries with emergency shelter, essential household items, and technical support. I wish to share this month's column with their CEO, Sanj Srikanthan, who explains that the words we choose to describe disasters matter.

—Gordon McNally

The term “natural” disaster has long been used to describe tropical storms, floods, earthquakes, and volcanic eruptions, but there needs to be an urgent shift in the language we use. While the term may seem harmless, and we've not always gotten it right, we've learned through our work with disaster-affected communities how it perpetuates a dangerous myth that nothing could have been done to prevent people being so badly affected. This misleading and harmful narrative can lead to a lack of action to help people who need it.

The language we use matters. When we frame disasters as natural, we fail to acknowledge the complex interplay between nature and the role of human actions and how they impact communities around the world.

Earthquakes, tsunamis, volcanic eruptions, and extreme storms, drought, and flooding occur because of natural processes on Earth. But it is how these events affect people or the environment that has the potential to make them a disaster — outcomes influenced by human factors like where people live, what types of homes they have, political instability, and the lack of proactive measures to protect vulnerable communities. A disaster is the result of systemic inequalities in access to resources and power. Where we live and how much money we have often determines our ability to recover. The people worst affected are those living in poverty, with the least means to protect themselves and few resources to withstand the next event.

By framing these events as natural, we undermine the need for proactive measures to protect vulnerable communities, masking the underlying social, economic, and political instability that makes marginalized and disadvantaged communities disproportionately affected. Our teams see firsthand how issues like inequality, poverty, urbanization, deforestation, and the climate crisis can make communities more vulnerable.

At ShelterBox, we simply say “disaster” or are more specific, describing the extreme weather, earthquake, tsunami, or volcanic eruption. I urge everyone to help us in breaking this cycle by committing to language that accurately reflects why people are affected so badly.

Only then does it pave the way to address the underlying causes of vulnerability and work toward a more just and equitable future for all, with the necessary investment, resources, and proactive measures to help protect affected communities.

Disasters are not natural. Let's stop saying they are.



**ShelterBox**  
Disaster relief





Rtn. Asha Venugopal  
Dist Governor RID 3030

## District governor's message

"Each Rotarian is a connecting link between the idealism of Rotary and their trade or profession". Paul Harris.

January is Vocational Service month but what does that really mean? As one of Rotary's Five Avenues of Service, vocational service calls on every Rotarian to work with integrity and contribute their professional expertise to the needs of society. This month we celebrate how Rotarians use their skills and talents to solve problems and meet needs in their communities and beyond.

Vocational Service focuses on: The recognition of the worthiness of all useful occupations, not just those that are pursued by Rotarians. ... The contribution of your vocational talents to solving the problems of society and meeting the needs of the community.

It is an opportunity to begin year-long vocational service activities, ranging from Rotary discussions to awards to

community projects. Vocational Service is the way Rotary fosters and supports the application of the Ideal of Service to the pursuit of all vocations. It is the shared responsibility of both the Rotary Club and its members.

Devote a meeting in January to examine the second Avenue of Service, including The Four-Way Test and The Declaration of Rotarians in Business and Professions. Introduce a "mini classifications talk" series in which each member gives a five-minute talk on his or her vocation to promote vocational awareness among Rotarians and help them recognize the worthiness of all useful occupations.

Present a vocational award to someone in the community who has exemplified outstanding professional achievement while maintaining very high ethical standards.

January ushers in the New year. As we look forward to new beginnings and experiences, let's think outside the box and discover new opportunities to serve through Rotary. We have a full six months to finish this Rotary year strong! This is the time for reflection. During the next few months, we will be working hard to complete our goals.

As we start a new calendar year, let us continue to spread RI President Gordon's message and let's "Create Hope in the World".

I and my team wish each of you a New Year filled with happiness, good health, and peace!

## President speaks

Dear RCNV Family,  
Six months into the Rotary year and we have found worthy causes to pursue, eminent people to meet, participated in district events, held quite a few of our own events and are looking forward to more of the same in the remaining six months. Every team is given one year to prove its worth, and I am proud to say that my team has stood like a rock to over-achieve every target set for it. Being the leader of the most dynamic club in District 3030 is a serious responsibility and I do hope I have scored reasonably well in the tests of the previous months. I now welcome more challenges in the new year. Next month we have our own mega event - The Kidathon. I request each and every member to support it as it showcases the might of RCNV. It is Central India's largest event of its kind and over the years we have made it bigger and better with your support. Do join in.

-Ajay Uplanchiwar



## Editor's Note

SOHRAB KANGA

One more year has zipped by! January marks the beginning of the new calendar year and the half way mark for the ongoing Rotary year. It is time to take stock of the projects undertaken and prepare for the ones in the pipeline. The President and his able team have proven equal to the task, and, with support from all of us, future projects are sure to be great successes. It is also about time for the incoming President to fine tune her team. A great club is driven by its Chairpersons. They are the ones who make or break a project. So please come forward and showcase your leadership and coordination skills so that RCNV can take its rightful place at the top of District 3030. Future leaders are identified from these chairpersons and natural progression from there will see them lead our club in the near future. Do not disappoint the Directors when they approach you for project leadership.



# Four Way test

4th December 2023



Rotary 

## चतुर्मुखी कसौटी

कुछ सोचने, कहने या करने से पहले स्वयं से पूछें

- 1 क्या यह सत्य है?
- 2 क्या यह सभी संबंधितों के लिए उचित है?
- 3 क्या इस से सद्भावना तथा दोस्ती बढ़ेगी ?
- 4 क्या यह सभी संबंधितों के लिए लाभदायक है?

  
RCNV  
ROTARY CLUB OF NAGPUR VISION



On 4th December, 4 Way Test Board of Rotary was Installed in the school premises of Mahatma Jyotiba Phule School in Suraburdi. The 4 Way test teaches a person to keep sights on the needs of others as well as his own. It is a unique approach and process to address conflicts, solve problems and make decisions to achieve desired outcomes.





On the auspicious occasion of the International Day of Persons with Disabilities, the Rotary Club of Nagpur Vision's Community Services team embarked on a heartwarming project. The team, led by Director Nitya Agrawal and comprising dedicated chairpersons Rakhi Amidwar, Priya Tatiwar, Swati Agrawal, Tanushree Vijaywargi, Swati Belkhede, Priyanka Sharma, and Geeta Verma, orchestrated a special outing for the children of the Deaf and Dumb School in Shankarnagar. The highlight of the event was a trip to the circus at Jaitala, where a 1 pm show awaited 44 enthusiastic students, accompanied by 10 school staff members. The transportation logistics were seamlessly arranged by Rtn Neelmani Gupta, who ensured the smooth commute with two buses.

Rtn Farnberg Bharucha thoughtfully organized snacks boxes for the participants, enhancing the overall enjoyment of the outing. The Rotary project aimed to demonstrate the capabilities of deaf and dumb students, showcasing their ability to engage in activities without verbal communication. The circus, with its vibrant visual performances and dynamic acts, served as a powerful medium to convey the message of resilience, skill, and the ability to make an impact without uttering a single word. The presence of the Rotary Club members, along with the school staff, created an atmosphere of support and encouragement. This initiative not only entertained the children but also left a lasting impression, highlighting the importance of understanding and appreciating the abilities of individuals with disabilities. The event served as a beacon of inspiration, emphasizing that everyone, regardless of their abilities, has the potential to shine and contribute meaningfully to the community.

### Rotary Club of Nagpur Vision celebrates International Day of Persons with Disabilities

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# Senior Members

birthday celebration 6th December 2023



Another day of getting blessings..!! On 6th December, Team Young (Senior) citizen celebrated birthdays of 2 stalwarts... Dr Sunanda Sule and PDG Vishwas sir..!! The team led by Director Senior citizen Nitya Agarwal chairpersons Rakhi and Ritesh Amidwar, Tanushri and Varun Vijaywargi and Priyanka Sharma visited their homes for cake cutting and celebrations. "Bhau" as we lovingly call him, a dedicated Rotarian donated 1000 \$ towards the Rotary Foundation and Rs.20,000/- to RVS towards projects for women empowerment and Smiling Faces.



# Regular meeting

8th December 2023



A talk on Managing Stress was organized on 8 Dec, 23. President Rtn. Ajay Uplanchiwar welcomed the members, PDGs and Past Presidents and wished members having birthdays and anniversaries in December. The 4-way test and Rotary Information was read by Rtn. Smita Bhargava.

Rtn. Ishan Kukade introduced the guest speaker Ms. Anushka Bhargava a psychotherapist. Ms. Anushka addressed the gathering and enlightened them about managing stress, effects of addiction and managing teenage wards. The session was followed by Q & A round. About 30 members attended the talk. President Ajay Uplanchiwar and Hon. Secretary Madhumati Dhawad presented a memento to Ms. Anushka Bhargava. Vote of thanks was proposed by Rtn. Harish Thakur







# Vocational visit

10th December 2023





# Vocational Visit

Bharatvarsh Farms 10th December 2023



Rotary Club of Nagpur vision had a vocational visit at Bharatvarsh Nature farm on umred road, owned by Awachat family.

The owner Rakesh and his wife Rtn. Priyanka Awachat welcomed all the 20 guest members with sandalwood band.

Bharatvarsh farms is spread in 100 acres and is the biggest nature tourism destination close to Nagpur and boasts of 100 acres of stunningly expansive greenery. This purely organic farm, is developed on the banks of a natural lake cum vast forest area just 30 kms from Nagpur. The place houses a food forest, super-foods farm, a medicinal garden, dairy farm with Indian breed cows, green fodder fields, a well-designed Picnic Garden with fun-filled activities to engage each and every one, who loves nature. Bharatvarsh Nature farms is an idyllic respite for those who want to unplug from the outside world and immerse in the charming warmth of nature. The destination presents you with an opportunity to spend time with nature in the most natural way.





# Vision Premier League

15th - 17th December 2023





# Vision Premier League

15th - 17th December 2024

Vision Premier League was held from 15th - 17th December at Kurveys school ground. In the Mens category, 3 Franchise teams participated. The winning team was Vision Warriors owned by Atul Agrawal & captained by Litesh Thakkar. Runners up team was KB11 owned by Dr. Sadashiv Bhole & Annirudh Kunawar. The other team was Gladiators owned by Ishan Kukade, Rajesh Umekar, Ankit Shukla & Nishant Gupta. All the matches were thrillers, the Final match results was a humdinger & was decided on the last ball. In Women's match Team PoWAR puff Girls owned by Prashant Bongirwar & Captained by Dr. Shivani Sule won a thriller against Team Rajoli owned by Priyanka Sharma. The Rotakids match was a exciting match & throughly enjoyed. Around 100 Rotary members participated and witnessed the 4th Edition of VPL. Spectators and players were treated to a wide array of foods and fruits during the event. Massage facility at venue was also enjoyed. Lots of Prizes and Awards were given to worthy players and winning teams. President Ajay Uplanchiwar and PDG Dr. Satish Sule gave way the prizes. Director Farnberg Bharucha along with Chairpersons Sandeep Durugkar and Pinaki Mukherjee ensured a successful and well liked VPL event.









# Take Rotary home

16th December 2023



The Fifth Take Rotary Home for the year 23-24 was held in the beautiful farmhouse of Rtn Dr Nikunj and Dr Darshana Pawar. 42 new and old Rotarians along with spouses attended the TRH. The gracious hosts Dr Nikunj n Darshana took great care of all the guests. The menu for the pot luck was curated by the chairpersons Priya and Archana. All the members participated in the Karaoke night. President Ajay addressed the gathering and briefed everyone on the concept of holding a TRH. Director Manjeev Sharma and chairpersons Priya Upganlawar Archana Mulak conducted the event which helped the members to develop new friendships.





# Medical camp

20th December 2023





# Medical camp

20th December 2023

Medical Camp @Vanprasth Ashram

Rotary Club of Nagpur Vision in collaboration with Shush Aasra Foundation conducted a health check-up camp at Vanprastha Ashram Bahadura. A team of 5 doctors examined 27 elderly individuals. The checkups, included BP checks, sugar tests, dental checkup. Medicines were distributed to the inmates. The check-ups were incredibly beneficial for them. Kudos to the team for making it a successful event at Vanprastha Ashram Bahadura. Director Dr Sangeeta Tajpuriya, chairperson Dr. Arunima Panse along with members of Shush Aasra Foundation led by Mrs Payal Kapse were present for the camp.

LOKMAT TIMES

## RCNV holds medical camp at Bahadura Ashram for sr citizens



Doctors, RCNV members and senior citizens during the camp.

Rotary Club of Nagpur Vision (RCNV) and Shush Aasra Foundation jointly organised a health camp at Vanprastha Ashram Bahadura recently. Five doctors conducted thorough check-ups for 27 elderly persons, covering BP, sugar and dental assessments. Medications were also pro-

vided to them. Director Dr Sangeeta Tajpuriya led the team which included chairperson Dr Arunima Panse, and Shush Aasra Foundation members including Payal Kapse for a successful event at Vanprastha Ashram Bahadura.

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## RCNV medical camp at Bahadura Ashram evokes good response



Members of RCNV and Shush Aasra Foundation along with the inmates of Vanprastha Ashram during the camp.

### Staff Reporter

ROTARY Club of Nagpur Vision (RCNV) in collaboration with Shush Aasra Foundation conducted a health check-up camp at Vanprastha Ashram, Bahadura. A team of five doctors examined 27 elderly individuals. The check-ups included blood pressure checks, sug-

ar tests, dental check-up and other tests. Medicines were distributed to the inmates of the Ashram. The camp evoked good response and proved beneficial for the elders. Director Dr Sangeeta Tajpuriya, Chairperson Dr Arunima Panse along with members of Shush Aasra Foundation led by Payal Kapse were present.

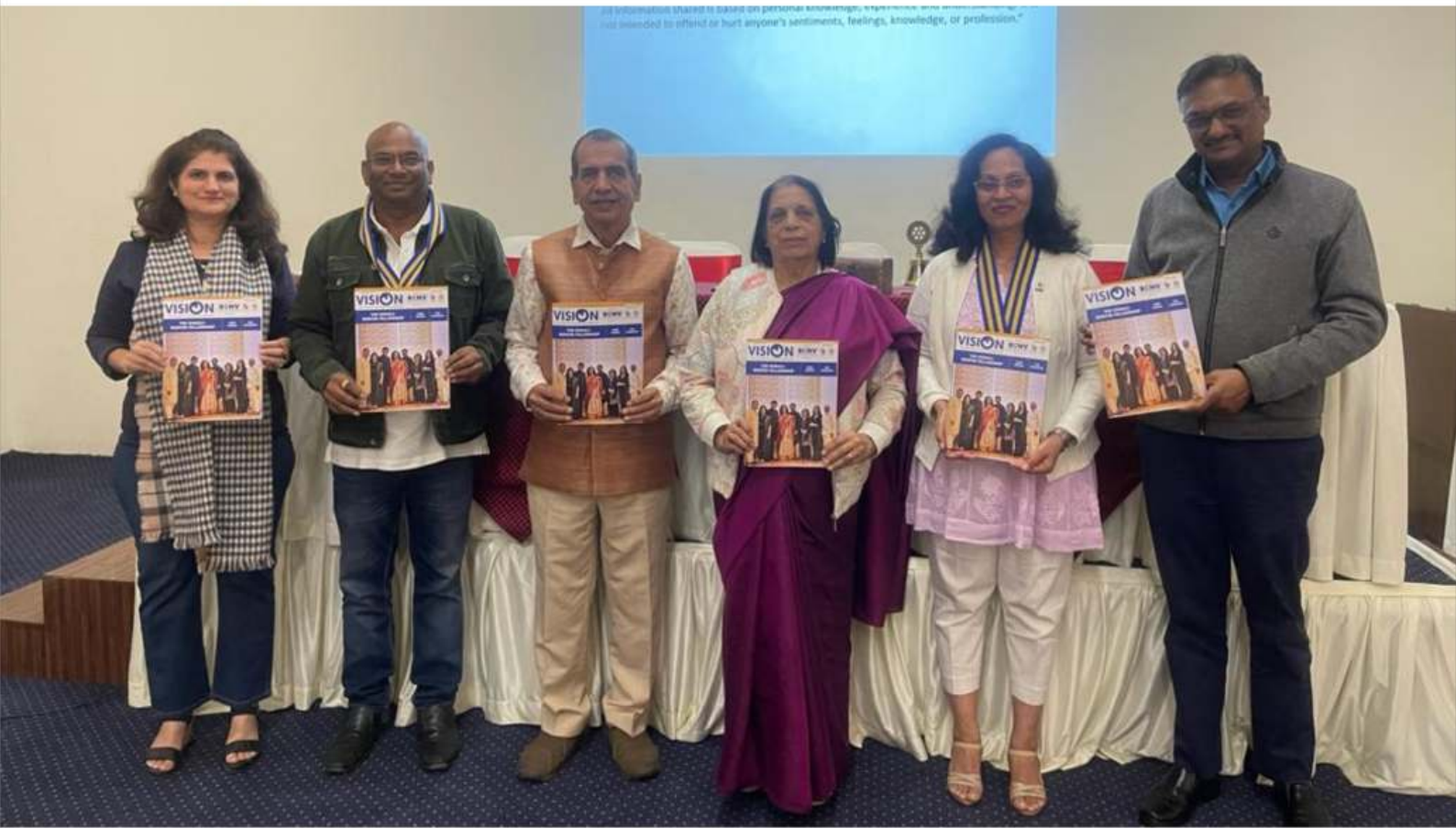
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# Regular meeting

23rd December 2024



## Harnessing our Energy, Frequency & Vibration By Rtn. Manish Agrawal

During the Rotary meeting on December 23rd, Rtn Ritika Singhvi introduced Rtn Manish Agrawal who conducted an enlightening session on harnessing energy, frequency, and vibration to achieve balance in our lives. The presentation covered practical strategies for aligning personal energy with positive frequencies, promoting overall well-being. He engaged the members in a power energy activity.

He demonstrated effective ways to cultivate positive energy during the session. A vote of thanks was given by President-Elect Rtn Jaishree Chhabrani.





# Christmas celebration

23rd December 2023





# Christmas Celebrations @ deaf and dumb school, saoner

23rd December 2023



Rotary Club of Nagpur Vision celebrates Christmas with children of Deaf and Dumb School at Saoner. Christmas is a special time of the year where it's not just a day to get presents and give them away but also an opportunity to pause and give thanks for the love, hope and joy found in each other. The Santas of Rotary Club of Nagpur Vision, Team Community Services celebrated Christmas at Deaf and Dumb school Saoner. The team, led by Director Nitya Agrawal and comprising of dedicated chairpersons Rakhi Amidwar, Swati Belkhede, and Manish Agrawal donated special gifts like toys for the children. 50 pairs of new dresses, chocolates, Christmas caps were also distributed. Special Christmas cake was enjoyed by the inmates of the school. As part of Project Warm Hearts 25 woolen caps, 15 winter jackets and 20 pairs of socks were distributed to the needy children.



# Wheelchair donation

23rd December 2023

True to the quote... Be a Santa to someone who needs you...

PP Rajiv and family donated a special wheelchair for a child suffering from cerebral palsy and a student of Lt Umesh Haladkar MR School, situated at Katol Naka, Nagpur.

The wheelchair was handed over on 23rd December at the school.

PP Rajiv's family has contributed for this wheelchair as a goodwill gesture for a special child on the occasion of the wedding of his son Ansh with Tanvi. May God bless the family members for this act of kindness...!!



# Career guidance

26th - 28th December 2023



School of Scholars, Atray Layout had organized a career guidance, counseling workshop for 3 days with the collaboration with Rotary Club of Nagpur Vision.

The wheel for the same started rolling from Dec 26, 2023. The workshop was basically for the 10th graders who are on the verge of their career deciding years. It was a great success and received an overwhelming response from the pupils and their parents. Mr. Rahul Kumar Arya who holds a concrete experience of almost 15 years in this field threw light on the ocean of opportunities which can be chosen as a career. This career counseling workshop that took place under the valuable support of Rotary Club of Nagpur Vision Director, Mr. Yogesh Paliwal, Principal Dr. Shilpa Newaskar, Rotary Incharge, Deepmala Mourya, Manasi Gulkari. The career guidance was certainly an eye-opener for all the students and will surely help them to be on the right path of their career.





# Regular meeting

29th December 2023



A talk on Why is Biodiversity so important was organised on 29 Dec, 23. President Rtn. Ajay Uplanchiwar welcomed the members, PDGs and Past Presidents. President Ajay Uplanchiwar announced and wished members having birthdays and anniversaries. The 4 way test and Rotary Information was read. Rtn. Sharad Paliwal introduced the guest speaker Dr. Lal Singh an Ecologist. Dr. Lal Singh addressed the gathering and enlightened them about the Importance of biodiversity. He gave Presentation on his research on Development of biodiversity in degraded areas, wastelands and contaminated areas and its findings. The session was followed by Q & A round. About 35 members attended the talk. President Ajay Uplanchiwar and Hon. Secretary Madhumati Dhawad presented a memento to Dr. Lal Singh. Vote of thanks was proposed by Rtn. Rajeev Behal.





# Rotary around District 3030



RC Chandrapur celebrated Diwali with a cultural program with Rotarians on 11th Nov. More than 150 members attended and enjoyed this program with their families.



RC of Nashik Midtown gifted two Stitching Machines to needy women from the Tribal area. Area of Focus was community economic development, Women/Girls empowerment



RC Shegaon with NSS Udaipur conducted a Divyanga check-up camp. 155 patients were checked and 77 foot and hand impressions were taken for prosthesis.



The Inter-District Dialogue-Sneh Mela project was implemented by the Rotary Club of Malegaon Vision for Rotarians from Pune District 3131.



Blood Group Estimation of 45 students from Bhagatwadi village was done by RC of Nasik Godavari.



The Rotary Arneja Walkathon 2023 promoted community togetherness and a healthier society. The Walkathon exceeded expectations in participation and engagement



# Rotary international news



Promoting Peace



Fighting Disease



Providing Clean Water

## Rotary projects around the globe



### BRAZIL

Improper disposal of household cooking oil is not only an ecological hazard, it's also a missed opportunity to recycle the waste into new products. Oil poured down drains also increases water treatment costs. Members of the Rotaract Club of Penápolis in São Paulo state distributed 400 funnels to help residents collect oil in bottles, along with pamphlets explaining the benefits of recycling and how to do it. Members of a recycling cooperative in Penápolis gather the bottled oil and sell it to be turned into biodiesel, homemade soap, paints, resin, and animal feed. "It's essential to reduce and prevent pollution in all its forms," says club member Lucas Silveira de Campos.



### NEPAL

Dr. Anand Jha, a pediatrician and past president of the Rotary Club of Birganj, noticed that many children in his region of Nepal, about 50 miles south of Kathmandu, were underweight. "Most parents would feed only [cow's] milk to their children," says Jha. "As a result, the children were mostly iron-deficient," a condition easily addressed with an improved diet. Since 2018, Jha has conducted 11 conferences on child nutrition, attracting as many as 80 parents at each session. The events include discussions of problems parents face, including, he says, the challenge of steering children from junk food. Members of the Birganj club assist with the logistics and the management of the sessions.



### SOUTH AFRICA

The Rotary Club of Polokwane, northeast of Johannesburg, has given new meaning to the expression "waste not, want not." The club has helped train more than 550 preschool teachers and caregivers to turn common household waste items — cardboard tubes, plastic sticks, egg cartons, newsprint, and more — into craft projects for children. In 2017, the club teamed up with Shayne Moodie, founder of an initiative called Empty Toy Box Education, to train rural educators to engage children with such projects. Club members collect recyclables and supplies such as glue and scissors, assist with the training, and provide the certificates for teachers. The program has reached as many as 17,000 preschoolers, the club estimates.



# Know Your new members



Name:- Dr. Anju Kadu  
Profession : consultant Pediatrician  
Hobbies :- gardening / Reading  
Spouse : Dr Amol Kadu  
Children :- Aashi / 14 yrs



Name - Pallavi Pashine  
DOB - 12th April 1976  
Profession - Architect  
Hobbies - Music Dance travelling n reading  
Spouse - Anurag Pashine  
Hobbies - Music , Photography n Cooking  
Children - Aaryan 22yrs, Armaan 12yrs



Name - Ketan Vasani  
DoB - 4th March 82  
Profession - Property Consultant  
Hobbies - Travelling  
Spouse - Shweta Vasani  
Hobbies - Reading & Baking  
Children - Jash Vasani / 11 years

## WORKPLACE WELLNESS TIPS







DESTINY



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at

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BONGIRWAR**



**VISHAL  
GANDHEWAR**



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